



Dancing with Life

An Adventure in Aliveness

One Afternoon—Saturday, January 28, 2012, 12:30 PM to 5:00 PM

A four-hour life experience
in spirituality, self-expression, movement, and community.

A time for
laughing, moving, dramatic expression, meditating, sharing.

Diana Garcia-Snyder and **Marv Thomas**
will lead the Adventure.

Marv and Diana have worked together for several years to synthesize psychology, the magic of movement, plain common sense, and the accumulated spiritual wisdom of centuries of thinkers.

Join Diana and Marv as they bring their years of combined experience into a synthesis of psychology, authentic expression, community weaving, and spiritual practice.

Who: Serious students of life: moms, counselors, carpenters, actors, students ...

Where: Lakeridge Institute Studio
11013 Alton Avenue NE
Seattle, Washington 98125

When: Saturday, January 28, 2012, 12:30 pm to 5:00 pm

Cost: \$100—scholarships available

Register: www.MarvThomas.com
Click on *Events* on the Home Page

For more information or to register by email or phone, contact:

Marv: Marv@MarvThomas.com
(206) 364-9494

Diana: Diana@DGSbodyprojects.com
(206) 349-2466

Make your life such a work of art that, at your funeral, people will applaud and cry “Encore! Encore!”